

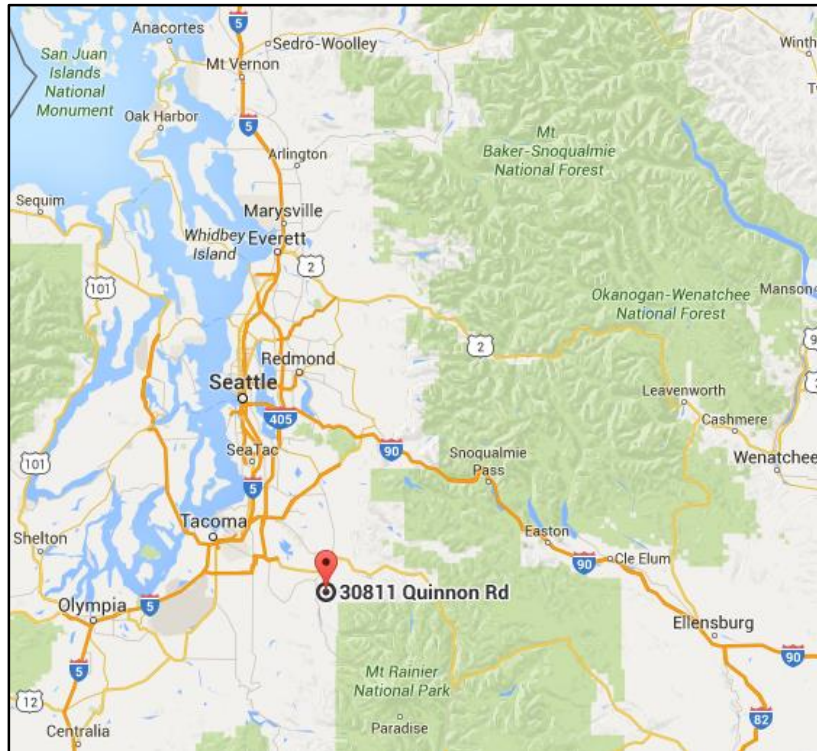
Directions

From Seattle:

Take I-5 S, Take the exit on the left onto I-405 N
Take exit 2 to merge onto WA-167 S toward Auburn
Exit onto Hwy 410 E toward Sumner/Yakima
Turn right onto Mundy Loss Rd
Turn left onto WA-162 E/Pioneer Way E Continue to follow Pioneer Way E
Once in Wilkeson, turn left onto Railroad Ave. and continue on to Quinnon Rd. Ext. E.
Drive through the Sunset Lake gate, Arrive at 30811 Quinnon Rd. Wilkeson, WA 98396

From Portland:

Take I-5 N, Take exit 127 to merge onto WA-512 E toward Puyallup
Keep right at the fork, follow signs for WA-410 E/WA-167 N/Seattle/Yakima and merge
onto WA-167 N, Exit onto Hwy 410 E toward Sumner/Yakima
Turn right onto Mundy Loss Rd
Turn left onto WA-162 E/Pioneer Way E Continue to follow Pioneer Way E
Once in Wilkeson, turn left onto Railroad Ave. and continue on to Quinnon Rd. Ext. E.
Drive through the Sunset Lake gate, Arrive at 30811 Quinnon Rd. Wilkeson, WA 98396



Humility, Grace, and Hope

Northwest Regional SA & S-Anon Spring Retreat
April 1-3, 2016, Wilkeson, WA

"If that degree of humility could enable us to find the grace by which such a deadly obsession could be banished, then there must be hope of the same result respecting any other problem we could possibly have." 12&12 p76



Sunset Lake Camp

30811 Quinnon Rd. Ext. E. Wilkeson, WA 98396
www.sunsetlake.org 360-829-0311

Registration

(All registration information is confidential. One form per person.)

Name		<input type="checkbox"/> SA	<input type="checkbox"/> S-Anon	<input type="checkbox"/> Male	<input type="checkbox"/> Female
Address			City		
Prov/State/Country			PC/Zip		
Email			Phone		
Willing to do service work:					
<input type="checkbox"/> Setup	<input type="checkbox"/> Lead a meeting	<input type="checkbox"/> General	<input type="checkbox"/> Registration Desk		
<input type="checkbox"/> Clean-up	<input type="checkbox"/> Literature Table	<input type="checkbox"/> Other:			
Willing to participate in a variety show?				<input type="checkbox"/> Yes	<input type="checkbox"/> No
Willing to serve as temporary sponsor during retreat?				<input type="checkbox"/> Yes	<input type="checkbox"/> No
Dietary restrictions: (5 meals provided.)					
<input type="checkbox"/> Kosher	<input type="checkbox"/> Vegetarian	<input type="checkbox"/> Vegan	<input type="checkbox"/> Gluten-free	<input type="checkbox"/> Food allergies	
Humility, Grace, and Hope Retreat cost:		<input type="checkbox"/> Early Bird	\$ 150.00	USD	
		<input type="checkbox"/> After February 1, 2016	\$ 170.00	USD	
		<input type="checkbox"/> Saturday Only (including meals)	\$ 65.00	USD	
Private cabin for couples (7 available, additional, one payment per couple)		<input type="checkbox"/>	\$ 75.00	USD	
Donation to Retreat Scholarship Fund:		<input type="checkbox"/> SA	<input type="checkbox"/> S-Anon	\$ _____	USD
Total:			\$ _____	USD	
Payment Options (No refund deadline. Please register as early as possible.)					
Online:	www.sa.org/store/ Humility, Grace, & Hope Northwest Regional Retreat				
Check:	Payable to PSRI				
Mail Check to:	PSRI, PO Box 75075, Seattle, WA 98175				
Contacts:	SA:	Gary S	(425) 760-1078		
	S-Anon:	Laura J	thorsdotter.lmj@gmail.com		

General Arrival/Departure Information

Friday, April 1

4:00 - 6:00 pm	Registration/Meet & Greet
6:00 - 11:00 pm	Dinner/Speakers Meeting

Saturday, April 2

7:00 AM	11th Step Meditation Meeting
9:00 PM	Birthday Celebration
	Variety Show

Sunday, April 3

7:00 AM	11th Step Meditation Meeting
12:00 PM	Departure

The weekend program details will be provided at registration

Important Information

Contacts

SA: Gary S (425) 760-1078
S-Anon: Laura J thorsdotter.lmj@gmail.com
 - If you are interested in carpooling, call one of the contacts above for options

Accommodations

- The 7 private cabins will be reserved on a first-paid, first-served basis
 - Private cabins include linen service
- General sleeping cabins are bunk style
- No linen service is provided in the general sleeping cabins
- Earplugs will be provided
- RV hookups and tent sites are available

Things to bring

- a sleeping bag or desired bedding
- a pillow
- toiletries
- a flashlight



Considerations

- The dining hall will be shared by both the SA and S-ANON fellowships.
- Modest dress is requested. Please avoid:
 - inappropriate attire (shorts, tank-tops, tight-fitting clothing),
 - strong fragrances and excessive make-up.
- Temporary Sponsors will be available for consultation and private discussions.
- No minors, please.